

# Weekend Warriors:



Don't let your  
Athletic Injuries  
Keep You  
Out of the Game.

## Made to Move Physical Therapy Presents:

Common Lower Extremity Orthopaedic Injuries: Prevention and Treatment 101

Join us for a FREE Community Lecture and learn how to:

- Prevent Common Sport Injuries
- Identify which sport injuries can heal on their own
- Recognize important warning signs
- Avoid Common Sports injuries that may become worse without medical treatment

## Guest Speaker

**Andrew Bulczynski, M.D.** D.I.S.C. Sports and Spine Center

Dr. Bulczynski practices the full scope of general Orthopaedic Surgery including Sports Medicine, Arthroscopy, Joint Replacement, and Fracture Care.

**Date:** November 8, 2010

**Time:** 5:30 pm Registration  
6:00pm Presentation, Q&A

**Location:** Made to Move Physical Therapy, Inc.  
615 N Nash St. Ste 306, Elsegundo, CA 90245  
310.535.0008  
(On the west side of Nash St. between  
Maple Ave. and Mariposa Ave.)

**Parking: FREE** and Abundant

**Reservation Required:** call 310.535.0008 to reserve your spot today!